

## TIC – TAC – TOE

You are required to complete three activities outline below.

This is a game of Tic-tac-toe: this means that you are only able to choose three activities that are horizontal, diagonal or vertical from each other.

<p>Devise a one-day eating plan for a pregnant woman, taking into account the foods that should be consumed in greater amounts and those that should be avoided.</p> <p style="text-align: center;"><b>Also</b></p> <p>Provide an outline of a daily diet that you would recommend for a three-year old child. Justify the foods you would include in the diet</p>	<p>Develop a health promotion poster outlining the risks to children of tobacco smoking</p> <p style="text-align: center;"><b>Also</b></p> <p>You have been appointed as a maternal and child health nurse. What advice would you give a first-time mother about nutrition, alcohol and drug use?</p>	<p>Develop a wiki for new mothers outlining the importance of breastfeeding for the health and individual human development of their baby</p>
<p>Research information regarding oral hygiene and develop a one-page handout outlining the importance of ensuring good oral hygiene in children.</p>	<p>Choose one health condition affecting children and explain how the determinants of health and individual human development impact on this condition</p>	<p>As a local community health nurse, you are required to write an article in a local newspaper trying to convince parents to ensure that their children are immunised. In your article, address some of the reasons why parents may choose not to immunise their children</p>
<p>As a local government official. You are required to write an article for the local newspaper outlining the importance of fluoridating water for the health and individual human development of children. Include possible reasons why people do not want their water fluoridated and provide a persuasive argument for fluoridating water.</p>	<p>Imagine that you are a health promotion officer at a local council. Create a glob that highlights the risks associated with poor sun behaviours, as well as recognising the importance of vitamin D to the health and individual human development of children</p>	<p>Create a collage or PowerPoint presentation that demonstrate the importance of social support to the health and individual human development of children</p>

Due by: